

EMI Skills

Participants will have the opportunity to:

- Learn EMI interviewing skills,
- Understand natural healing pathways,
- Learn how to assist people in locating their own solutions rapidly
- Locate troubled Emotional Mind (EM) states through emotions
- Locate EM states through EM Body sensing techniques
- Assist people in changing the story they have of themselves
- Integrate troubled EM states into the personality
- Explore ethics and boundaries of the client and facilitator.
- Deepen EMI interviewing skills,
- Locate natural healing pathways,
- Work in a person centred manner with people to find their own solutions.
- Work with troubled EM states through body sensing, emotions, vision and
- Develop methods of integration for troubled EM parts into the personality.